



CENTRE FOR STRESS MANAGEMENT

in association with the CENTRE FOR COACHING

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FOR COURSE AVAILABILITY ONLY - PLEASE CONTACT DAWN ON: +44 (0) 20 8318 4448

Approved by the British Psychological Society Learning Centre for the purposes of Continuing Professional Development (CPD)

COURSE DATES & FEES 2010

PRIMARY CERTIFICATE IN ASSERTION & COMMUNICATION SKILLS TRAINING (2 days) 28/29 Jan; 13/14 July	Ind £345	Org £455
PRIMARY CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY & TRAINING (2 days) 2/3 Feb; 13/14 Apr; 29/30 June; 21/22 Sept; 30 Nov/1 Dec	Ind £345/£276*	Org £455/£385*
PRIMARY CERTIFICATE IN ADVANCED COGNITIVE-BEHAVIOURAL SKILLS (LEV 3) (3 days) 23/24/25 Feb; 19/20/21 Oct	Ind £485/£395*	Org £590/£495*
PRIMARY CERTIFICATE IN COGNITIVE-HYPNOTHERAPY (3 days) 22/23/24 Jun	Ind £485	Org £590
PRIMARY CERTIFICATE IN MEDIATION SKILLS (2 days) tba	Ind £345/£276*	Org £455/£385*
PRIMARY CERTIFICATE IN MULTIMODAL THERAPY & COUNSELLING (2 days) 26/27 Jan; 2/3 Nov	Ind £345/£276*	Org £455/£385*
PRIMARY CERTIFICATE IN STRESS MANAGEMENT (LEVEL 2) (2 days) 23/24 Mar; 15/16 Jun; 13/14 Oct	Ind £345	Org £455
PRIMARY CERTIFICATE IN OCCUPATIONAL & ORGANISATIONAL STRESS MANAGEMENT (2 days) 27/28 Apr; 17/18 Aug	Ind £345	Org £455
PRIMARY CERTIFICATE IN PROBLEM FOCUSED COUNSELLING, COACHING & TRAINING (2 days) 17/18 Mar; 7/8 July; 4/5 Nov	Ind £345	Org £455
PRIMARY CERTIFICATE IN RATIONAL EMOTIVE BEHAVIOUR THERAPY (2 days) 18/19 May; 9/10 Nov	Ind £345/£276*	Org £455/£385*
PRIMARY CERTIFICATE IN ADVANCED RATIONAL EMOTIVE BEHAVIOUR SKILLS (3 days) 23/24/25 Nov	Ind £485/£395*	Org £590/£495*
PRIMARY CERTIFICATE IN RELAXATION SKILLS TRAINING (2 days) 17/18 Jun; 16/17 Nov	Ind £345	Org £455
PRIMARY CERTIFICATE IN TRAUMA & PTSD (LEVEL 2) (2 days) 29/30 Apr; 11/12 Oct	Ind £345/£276*	Org £455/£385*
STRESS MANAGEMENT/COUNSELLING, TRAINING & SUPERVISION (LEVEL 3) (1 day) 22 Oct	Ind £160	Org £230

NOTES:

Ind = fee for individuals who are self-funding; Org = fee for individual who is funded by an organisation.

* The lower fee shown in each case is the fee for delegates who are attending the course for CPD purposes only. These delegates will not be required to submit an assignment for marking after the course and therefore will not receive the Centre's full Primary Certificate. A certificate of attendance will be provided for all students. All fees include VAT at the current rate.

CENTRE FOR COACHING

COURSE DATES 2010

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CERTIFICATE IN COACHING (5 days) 18-22 Jan; 1-5 Mar; 19-23 Apr; 7-11 Jun; 26-30 Jul; 13-17 Sep; 25-29 Oct; 6-10 Dec	Ind £1025	Org £1385
CERTIFICATE IN COACHING (5 days) (Conversion course specifically for counsellors/psychotherapists) 9-13 Aug	Ind £1025	Org £1385
CERTIFICATE IN PSYCHOLOGICAL COACHING (5 days) 24-28 May; 4-8 Oct	Ind £1025	Org £1385
PRIMARY CERTIFICATE IN HEALTH COACHING (2 days) 12/13 May	Ind £345	Org £455
PRIMARY CERTIFICATE IN PERFORMANCE COACHING (2 days) 18/19 Feb; 20/21 May; 4/5 Aug; 18/19 Nov	Ind £345	Org £455
PRIMARY CERTIFICATE IN COACHING SUPERVISION (2 days) tba	Ind £345	Org £455
PRIMARY CERTIFICATE IN MEDIATION SKILLS (2 days) tba	Ind £345	Org £455
PRIMARY CERTIFICATE IN REDUNDANCY COACHING & COUNSELLING (2 days) 11/12 Feb; 23/24 Sep	Ind £345	Org £455
PRIMARY CERTIFICATE IN DEVELOPING PSYCHOLOGICAL RESILIENCE (2 days) tba	Ind £345	Org £455
DIPLOMAS IN COACHING: ENROLMENT, ADMINISTRATION & ASSESSMENT FEES		£500

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CORRESPONDENCE COURSES

CERTIFICATED CORRESPONDENCE COURSE IN LIFE COACHING: A COGNITIVE-BEHAVIOURAL APPROACH	£200
CERTIFICATED CORRESPONDENCE COURSE IN STRESS MANAGEMENT	£205

PARTICIPANTS MUST ATTEND OVER 90% OF AN INDIVIDUAL COURSE TO SATISFY ATTENDANCE REQUIREMENTS. SEE BROCHURES FOR FURTHER DETAILS. GROUP APPLICATIONS MUST BE SENT IN THE SAME ENVELOPE.

CANCELLATION CHARGES APPLY WHERE COURSE BOOKINGS ARE CANCELLED WITHIN SIX WEEKS OF COURSE DATE (**SEE APPLICATION FORM FOR DETAILS**). THE CENTRE RESERVES THE RIGHT TO CANCEL COURSES, REVISE COURSE DATES & FEES AND SUBSTITUTE TRAINERS AS NECESSARY.

PLEASE NOTE THAT WE ARE UNABLE TO MAKE PROVISIONAL BOOKINGS FOR COURSES. PLACES WILL BE RESERVED ON RECEIPT OF AN APPLICATION FORM.

PLEASE ENSURE THAT YOU READ THE COURSE BROCHURE "IMPORTANT NOTICE – ESSENTIAL READING BEFORE ENROLMENT"

Centre for Stress Management, Clarendon House, 125 Shenley Road, Borehamwood, WD6 1AG

*Courses held in London (at the British Psychological Society Offices)
or Clarendon House, Borehamwood, Herts, England*